

SIDES

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|--------------------|-------|-----------------|-------|
| Fries              | £4.50 | Corn on the cob | £3.50 |
| Chunky Chips       | £5    | Onion Rings     | £4    |
| Sweet Potato Fries | £5    |                 |       |

Tandoori Breads & Rice

All our naans are freshly prepared and clay-baked in a traditional tandoor for that authentic smoky flavor.

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| Plain Tandoori Naan – Soft, fluffy, and freshly baked.                                      | £3.00 |
| Butter Tandoori Naan – Rich, buttery, and straight from the tandoor.                        | £3.50 |
| Garlic & Coriander Tandoori Naan – Infused with fresh garlic and cilantro, perfectly baked. | £4    |
| Plain Rice – Steamed to fluffy perfection.                                                  | £4    |
| Pulao Rice – Aromatic basmati rice cooked with subtle spices.                               | £4.50 |

DESSERTS

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| <b>Chocolate Brownie Sundae</b>                                                                                       | £8 | <b>Apple Crumble</b>                                                                                                                                     | £7 |
| Chunks of warm chocolate brownie drizzled with rich chocolate sauce, served with creamy soft-serve vanilla ice cream. |    | Sweet, tender apples baked beneath a golden, buttery crumble topping. Served warm with your choice of vanilla ice cream, custard, or fresh whipped cream |    |
| <b>Cookie Dough with Ice Cream</b>                                                                                    | £8 | <b>Tiramisu</b>                                                                                                                                          | £7 |
| Square-cut chunks of soft, rich cookie dough served with creamy vanilla ice cream—an indulgent treat in every bite.   |    | Classic Italian dessert with coffee-soaked sponge layered with mascarpone cream and dusted with cocoa.                                                   |    |
| <b>Banoffee Pie</b>                                                                                                   | £8 | <b>Soft Serve Ice Cream</b>                                                                                                                              | £7 |
| Layers of sliced banana, luscious toffee, and fresh cream on a buttery biscuit base.                                  |    | Creamy vanilla soft serve with a flake, served with your choice of strawberry or chocolate sauce.                                                        |    |

KIDS MENU

All served with your choice of fries or veg sticks:

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| <b>Chicken goujons</b> - Home-made Crispy golden bites of tender chicken.                        | £8    |
| <b>Margerita Pizza (V)</b> - Classic cheese and tomato on a soft, stone-baked base.              | £7    |
| <b>Sausages (GF)</b> - Juicy pork sausage, grilled until golden.                                 | £7    |
| <b>Fish Goujons</b> - Lightly breaded strips of white fish.                                      | £8    |
| <b>Kids Beef Burger</b> – Juicy beef patty with lettuce, tomato, and ketchup, served with fries. | £7.50 |

THE AMBLE INN  
— HARPENDEN —

Please let a member of our team know if you have any allergies or dietary requirements before ordering.  
Our dishes are prepared in a kitchen where all allergens are present, so we can't guarantee that any item is completely allergen-free.  
GF – Gluten-Free | GFO – Gluten-Free Option Available | V – Vegetarian | VE – Vegan

# STARTERS

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| <b>King Prawns</b> - Succulent prawns, pan-fried with garlic, chilli and olive oil, finished with crisp ciabatta.                                                                                                                                | £9        |
| <b>Chicken Wings</b> - Tender wings with a choice of rich, peri peri or fragrant spiced tandoori.                                                                                                                                                | £7        |
| <b>Halloumi Fries</b> (VG) – Golden fried halloumi with a delicate sweet chilli dip.                                                                                                                                                             | £7        |
| <b>Nachos</b> (VG) – Crisp nachos layered with homemade guacamole, cheese, salsa, sour cream, and jalapeños, served as a sharer or individually.                                                                                                 | £7.50/£13 |
| <b>Pork Belly Bites</b> – Tender, slow-cooked pork belly cubes glazed with a sticky soy, honey, and sweet chilli sauce, finished with an Asian-inspired seasoning.                                                                               | £7.50     |
| <b>Hummus and Pita</b> (VG) - Warm Greek pita bread served with creamy hummus, lightly spiced with Cajun seasoning, garnished with red onion and fresh coriander.                                                                                | £6        |
| <b>Golden Brie with Chutney</b> - Panko-cruste <b>d</b> brie infused with rosemary and garlic, served with mango chutney.                                                                                                                        | £7.50     |
| <b>Seekh Kebab</b> - Minced lamb blended with fresh coriander, ginger, garlic, and a medley of traditional spices, hand-rolled onto skewers and cooked in the tandoor for a smoky flavour. Served hot with mint chutney and onion salad.         | £9        |
| <b>Chilli Paneer</b> (V) - Soft cubes of paneer tossed with bell peppers, onions, and a fiery blend of Indian spices and sauces. Crispy on the outside, tender on the inside, and bursting with bold, tangy, and spicy flavors.                  | £7.50     |
| <b>Amritsari Fish</b> - Fresh fish fillets marinated in a blend of traditional Amritsari spices, gram flour, and herbs, then deep-fried to a golden crisp. Crispy on the outside, tender and flavorful on the inside—a classic Punjabi delicacy. | £8.50     |
| <b>Bang Bang Cauliflower</b> (GF)(VE) - Crispy cauliflower florets tossed in a bold, spicy, and tangy sauce with a hint of sweetness. Crunchy, flavorful, and packed with a punch that excites the palate—a modern vegetarian favorite           | £7        |

# MAINS

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| <b>Traditional Fish and Chips</b> - Crispy beer-battered cod, served with rustic chunky chips, mushy peas, and classic tartare sauce.                                                                                  | £16.50 |
| <b>Mexicana Burger</b> (GFO) - Juicy Cajun - spiced chicken breast, layered with home-made guacamole, fiery mayo, jalapeños, crisp little gem lettuce, and ripe beef tomato, all nestled in a golden brioche bun.      | £16    |
| <b>Classic Cheeseburger</b> – Juicy British beef patty with melted cheese, smoked streaky bacon, sweet caramelised onions, ripe beef tomato, crisp little gem lettuce, and creamy mayonnaise in a buttery brioche bun. | £16.00 |
| <b>Southern Burger</b> - Golden Southern-fried chicken breast with melted cheddar, crispy bacon, ripe beef tomato, crisp little gem lettuce, and sweet chilli jam, nestled in a toasted brioche bun.                   | £16.00 |

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| <b>Halloumi Burger</b> (GFO) – Chargrilled Cypriot halloumi atop crisp little gem lettuce, ripe beef tomato, and smokyred pepper, finished with sweet chilli sauce and nestled in a toasted brioche bun.                                    | £15    |
| <b>Vegan Burger</b> (GFO) – Lightly spiced broad bean, pea, and spinach patty in a gluten-free breadcrumb coating, layered with tomato, crisp lettuce, and chargrilled red pepper, served in a toasted vegan bun.                           | £15    |
| <b>Lamb Shish</b> (GFO) – Aromatic Turkish-marinated lamb skewers, served with crisp salad, freshly made in-house naan, your choice of rice or chunky chips, and garlic mayonnaise                                                          | £17    |
| <b>Southern Fried Chicken</b> – Crispy Southern-style chicken breast, golden fried to perfection, served with seasoned fries and sweet, buttery corn on the cob.                                                                            | £16.50 |
| <b>INDIAN SPECIALS</b>                                                                                                                                                                                                                      |        |
| <b>Gosht Beliram</b> (GF) - A regal Punjabi lamb curry, slow cooked with onions, and aromatic spices. Rich, flavourful, and steeped in culinary history.                                                                                    | £14.50 |
| <b>Dal Makhni</b> (GF)(V) - A slow-cooked delicacy of black lentils and red kidney beans, enriched with butter, tomatoes, and gentle spices for a rich, creamy finish.                                                                      | £9     |
| <b>Murgh Makhani</b> (GF) - Tender chicken simmered in a silky tomato, butter, and cream sauce, delicately spiced for a rich yet subtle flavour. A true North Indian classic.                                                               | £12.50 |
| <b>Tandoori Lamb Chops</b> - Succulent lamb chops marinated in a rich blend of spices and yogurt, then flame-grilled to perfection. A royal delicacy bursting with smoky, aromatic flavour.                                                 | £25    |
| <b>Tandoori Chicken</b> (GF) - Bite-sized pieces of tender chicken breast, marinated in a blend of traditional Indian spices and yogurt, then flame-grilled to smoky perfection. Juicy, flavorful, and packed with authentic tandoor taste. | £15    |
| <b>Paneer Tikka Masala</b> (GF)(V) - Char-grilled cubes of paneer marinated in yogurt and spices, simmered in a velvety tomato-onion gravy with peppers and a hint of kasoori methi. A classic North Indian favorite, rich and aromatic.    | £12    |
| <b>Hariyali Murgh Tikka</b> (GF) - Tender chicken pieces marinated in a vibrant blend of fresh herbs, mint, and aromatic spices, then grilled to perfection in the tandoor. Juicy, smoky, and bursting with authentic Indian Flavors.       | £15    |
| <b>Laal Maas</b> (GF) - A traditional Rajasthani lamb curry, slow-cooked in a rich, fiery red chilli sauce with a touch of garlic and yoghurt. Bold, robust, and full of flavour.                                                           | £14.50 |
| <b>Mixed Grill – Indian Style</b> - Sizzling tandoori specialties served with mint chutney, onions, and lemon wedges.                                                                                                                       |        |
| <b>Mixed Grill Platter (2 people)</b> –Tandoori Lamb Chops, Lamb Sheekh Kebabs, Tandoori Chicken, Amritsari fish, Hariyali Chicken. served with salad and onions and mint chutney.                                                          | £38    |